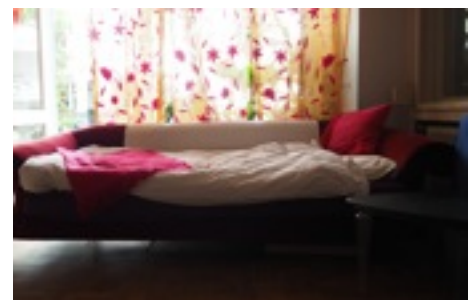




If you **need a calm place** in the middle of Berlin (Schöneberg) to relax, to sleep, to compose, to write, to sing out loud, to play the piano, to cry, to shout, to talk, to teach, to write, to speak, to breathe, to meditate, to heal or be healed, CALL me: **RENT THIS CREATIVE SPACE FOR HOURS OR WEEKS** (or months) for **rehearsals, to give lessons, to engage in music** therapy or energy work or just to be on your own and delve deep into an inspirational atmosphere. The space I am renting out is nothing less than extraordinary because it is filled with 18 years of creative energy in music and voice, rhythm and drama, and the spirit of Love, personal attention, and wellbeing.

You will find:

- a PA, microphones, a mixer, a drum set (for mellow jazz only and only up to 21.00)
- a grand piano (Grotrian -Steinweg- Nachfahre)
- a steel drum/ Röhrophon/ big drums/ small drums/ small percussion instruments
- 3 mats/ 1 carpet/ 3 covers/pillows
- Sleeping: one big couch, one double couch, two mattresses (to sleep on), one loftbed/bed sets
- a fully equipped kitchen and a bathroom



Prices vary according to whether you rent it for several hours or regularly. You can also rent this space for artists or for yourself for one or more nights. Please call me (0173 6121187) or e-mail: [hildekappes@gmx.net](mailto:hildekappes@gmx.net)

## Rent a Room or **Book a session for ...**

If a rented room is not what you need but your creativity seems blocked or you are nervous about performing your work or feel utterly demotivated when it comes to rehearsing, practising your instrument or dealing with the mens/the menopause or other voice and body issues: come for a session with Hilde Kappes and her team. They are skilled trainers, teachers and somatic experiencing\*- practitioners (Traumahealing) in and through music – body – voice work, trauma healing, sexual healing, spiritual healing through work with the five elements, the neutral mask or meditation and/or in “just” giving voice or instrument lessons in Improvisation or Jazz-Pop-Rock-Classic-Chansons.



If you are working on individual programs for the stage or a private event, I can actively support you with my experience and my qualifications. Don't wait long – NOW is the time to make that call !!! 0173 6121187

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[www.operainstincta.com](http://www.operainstincta.com)

[www.vimeo.com/hildekappes](http://www.vimeo.com/hildekappes)



**Gutschein**

**Kaufen Sie einen Gutschein für eine oder zwei oder mehr Stunden. 1 Stunde €70/ 2 Stunden €120/ 4 Stunden €200/ 10 Stunden €450**  
**Jahres-Vertrag durchgehend bezahlt: €120 monatlich für 4 Stunden**  
[hildekappes@gmx.net](mailto:hildekappes@gmx.net)